



**PD Dr. med. José A. Aguirre, MSc**

I was a young enthusiast anaesthetist when I was first exposed to regional anaesthesia at the Balgrist University Hospital 10 years ago. There I got hooked and having become a lifelong addict I was offered a position as a Consultant Anaesthetist. This passion led to an academic career advancing to Senior Consultant, Head of the Anaesthesia Education and Research and Head of Study Coordination of the Unit for Clinical and Applied Research. I share with other regional anaesthesia enthusiasts the pleasure to be a Board Member of the European Society of Regional Anesthesia (ESRA) and of the SWISS Association of Regional Anaesthesia (SRA). Moreover, it is my privilege to be Chairman of the European Diploma in Regional Anesthesia and Acute Pain Management (EDRA).

My main research interests are the effects of regional anaesthesia techniques on patient's outcome (functional, pain, haemodynamic stability, cognitive dysfunction etc.), the effects of local anaesthetics on inflammation / cancer and the economical impact of regional anaesthesia on the perioperative processes.

To spread solid knowledge and skills of regional anaesthesia and perioperative pain therapy and to investigate their safety and further indications for further expansion of these techniques is my mission.