
CURRICULUM VITAE

IASP Grants, Fellowships, and Awards: Developing Countries Education Project

FULL NAME

Adela Hilda Onutu

POSITION TITLEConsultant in anesthesia and intensive care
MD, PhD**INSTITUTION AND LOCATION****DEGREE***(if applicable)***YEAR(s)****FIELD OF STUDY**

Lic. Tiberiu Popoviciu Cluj-Napoca

baccalaureate

1983

Mathematics and
informaticsUniversity of Medicine and Pharmacy
Iuliu Hatieganu Cluj-Napoca

MD

1989

Medicine

University of Medicine and Pharmacy
Iuliu Hatieganu Cluj-Napoca

Specialist

1995

Anaesthesia and
Intensive CareUniversity of Medicine and Pharmacy
Iuliu Hatieganu Cluj-Napoca

PhD

2013

Medicine

A. Personal Statement

I work as anesthesiologist since 1992, and one of my primary interests is in managing pain. During the time I developed my skills in regional anesthesia and analgesia by working in orthopedic surgery with a lot of trauma. Regional anesthesia is a field with few well trained and experienced professionals in Romania, and I started to share my knowledge working mainly with trainees. In the last decade with the development of ultrasound-guided techniques in performing peripheral nerve blocks, I completed a series of workshops with European Federation of societies for ultrasound in medicine and biology (EFSUMB) endorsement, and also with ESA support.

Because in Romania chronic pain therapy is managed mainly by rheumatologists, neurologists, and general practitioners and is considered that anesthesiologists have the knowledge and skills to treat chronic pain, I decided to share my experience and focus on ultrasound-guided management of chronic pain syndromes, among anesthesiologists. In this perspective one and a half years ago I founded the Association for pain therapy (I lead this organization) with the principal goal of improving pain education among doctors and patients. I have published: two chapters on neuraxial anesthesia and peripheral nerve blocks in "Clinical Anaesthesia" the principal textbook of anesthesia in Romania (Editor Prof Iurie

Acalovschi). Last year with the support of Romanian Society of Regional Anaesthesia and Pain Therapy, I was one of the co-editors of the translation of “ Regional Anesthesia, Stimulation and Ultrasound Technique”(Hipocrate Publishing House- 2017) by Warman, Conn, Nicholls, and Wilkinson.

B. Positions and Honors

2013-2017 Assistant Editor and Associate Editor of the Romanian Journal of Anaesthesia and Intensive Care

Active member of SRATI (Romanian Society of Anaesthesia and Intensive Care), ESRA (European Society of Regional Anaesthesia and Pain Management), ESA (European Society of Anaesthesiology), and IASP

From 2015 Founder and vice-president of Romanian Association of Regional Anesthesia and Pain Therapy
From 2015 Founder and President of the Association of Pain Therapy

Positions and employment

1989- 2002 specialist anesthesiologist Adults Clinic Hospital Cluj-Napoca
From 2003- Consultant anesthesiologist Emergency County Hospital Cluj-Napoca

Other related professional experience

Workshops : Ultrasound-guided peripheral nerve blocks (as director, speaker or trainer)

2015 Cluj-Napoca - endorsed by EFSUMB (Jan, March),
Constanta, Romania (June), endorsed by EFSUMB
Athens, Greece (July), endorsed by EFSUMB

2015 Sinaia, Romania (May) - SRATI

2015 Chisinau, Moldova (Sept)

2016 Cluj-Napoca (Feb), endorsed by EFSUMB

2016 Tbilisi (Georgia) , Basic ultrasound-guided nerve blocks / at the 5th CEEA course and 2nd International Congress of Anaesthesiology and Critical Care, Oct

2017 Tel Aviv - ESA Focus Meeting – regional anaesthesia in the perioperative setting 9-10 Nov (trainer)

C. Selected Peer Reviewed Publications

1. Onuțu AH, Acalovschi I. Utilizarea tehnicilor de anestezie și analgezie regionale în România. J Rom Anest Terap Int 2012, 19:110-116 (<http://www.jurnalul-anestezie.ro/2012/2/5.html>)
2. Onuțu AH. Noul val in anestezia regionala- blocurile de nerv periferic ecoghidate. J Rom Anest Terap Int 2012, 19: 89-90 (<http://www.jurnalul-anestezie.ro/2012/2/issue.html>) - editorial
3. Onuțu AH. Pentru un rezultat mai bun după artroplastia totală de genunchi. J Rom Anest Terap Int 2014; 21: 5-6 (<http://www.jurnalul-anestezie.ro/2014/1/02.pdf>)
4. Onutu AH. Duloxetine an antidepressant with analgesic properties- a preliminary analysis. Rom J Anaesth Int Care 2015; 22: 123-128 (<http://www.jurnalul-anestezie.ro/2015/2/10.pdf>)

5. Biro P, Sermeus L, Jankovici R, Savic N, Onutu AH, Ionescu D, Godoroja D, Gurman G. Basic Features and Clinical Applicability of 'Preliminary Universal Surgical Invasiveness Score' (pUSIS): A Multi-Centre Pilot Study. *Turk J Anaesthesiol Reanim* 2017; 45(1): 9-15 (PMCID: PMC5367732)
6. Buescu C, Onutu AH, Lucaciu DO, Todor A. Pain level after ACL reconstruction: A comparative study between free quadriceps tendon and hamstring tendons autografts. *Acta Orthop Traumatol Turc.* 2017 Mar;51(2):100-103. (PMID: 28242265)
7. Onutu AH, Rus C, Acalovschi I. The public perception of the anaesthesiologist in Romania: a survey. *Rom J Anaesth Int Care* 2017; 24: 21-28. DOI: <http://dx.doi.org/10.21454/rjaic.7518.241.onu> (PMCID: PMC5555423)

Additional recent publications of relevance

In February 2018 I've submitted the chapter entitled: "Selective serotonin and serotonin-norepinephrine reuptake inhibitors and their role in pain management" to be published by InTechOpen in the book "Serotonin".

D. Previous Grant Support Ongoing Grant Support (if applicable)

Project Title:

Medical equipment for Cardiology and Orthopedic Cluj County Hospital departments
(Humanitarian project)

Time Period: 1.08.2017 – 31.01. 2018

Granting Agency: Rotary Foundation (GG 1755918)

Amount Received: 25062 USD (total budget 66000 USD)

The project was completed, and the final report is in progress.

Completed Grant Support

Project Title: Installation of medical equipment in ICU of Children Hospital of Cluj-Napoca, Romania.
(Humanitarian project)

Time Period: 14.09. 2014 – 1.12.2014

Granting Agency: Rotary Foundation (Global Grant – GG 1420432)

Amount Received: 17394 USD (total budget 50382 USD)